



STARTERS AND SHARE PLATES

	MEMBERS	VISITORS
Dim Sim	\$1.50	\$1.90
Spring Roll	\$1.50	\$1.90
Vegetarian Spring Roll (V).....	\$1.50	\$1.90
Thai Fish Cake.....	\$1.40	\$1.80
Prawn Cutlet	\$1.80	\$2.30
Mixed Entree.....	\$4.80	\$5.90
Chicken Karaage served with Kewpie Mayo	\$14.20	\$17.70
King Prawn Cocktail	\$10.50	\$13.10
Sang Choy Bow (2)	\$12.60	\$15.80
Crumbed Calamari	\$7.80	\$9.80
Potato Wedges (V).....	\$8.20	\$10.30
Bruschetta (2) (V)	\$5.80	\$7.20
Bruschetta with smoked salmon (2)	\$9.30	\$11.60
Bruschetta with prosciutto, shaved parmesan and balsamic glaze (2).....	\$10.50	\$13.10
Garlic or Herb Bread (2)	\$3.70	\$4.60
Garlic Cheese Melt (2).....	\$5.30	\$6.60
Bread Roll	\$0.80	\$1.00

SOUP & RICE

	MEMBERS	VISITORS
Soup of the Day with bread roll	\$7.60	\$9.50
Short Soup	\$7.60	\$9.50
Long Soup (V).....	\$7.10	\$8.90
Long and Short Soup	\$12.60	\$15.80
Combination Short Soup	\$13.60	\$17.00
Combination Long Soup	\$13.10	\$16.40
Combination Long and Short Soup.....	\$15.50	\$19.40
Special Fried Rice.....	\$13.60	\$17.00
Fried Rice with Minced Beef.....	\$13.60	\$17.00
Thai Special Fried Rice with Chilli and Basil.....	\$13.60	\$17.00
Thai Tom Yum Seafood Fried Rice	\$15.30	\$19.10
Seafood and Pineapple Fried Rice.....	\$15.30	\$19.10
Vegetable Fried Rice (V)	\$13.10	\$16.40
Fried Rice	\$10.50	\$13.10
Boiled Rice (S).....	\$2.60	\$3.20
Boiled Rice (L).....	\$4.20	\$5.30

BURGERS

Served with Chips	MEMBERS	VISITORS
Hamburger.....	\$7.90	\$9.90
Steak Burger.....	\$9.40	\$11.80
Bacon & Egg Roll	\$8.40	\$10.50
Fish Burger	\$8.40	\$10.50
Grilled Chicken Burger	\$8.90	\$11.10
Club Burger with the Lot.....	\$12.10	\$15.10
Vegetarian Burger (V)	\$8.40	\$10.50
Mexican Chicken Burger with guacamole, cheese, salsa and jalapeno	\$13.10	\$16.40
Extras: egg/bacon – each	\$1.60	\$2.00
pineapple/cheese – each	\$0.60	\$0.70
guacamole	\$2.70	\$3.40

PASTA

Choice of Pasta – Spaghetti, Penne	MEMBERS	VISITORS
Choice of Sauce – Carbonara, Boscaiola, Bolognese, Napolitana (vegetarian).....	\$13.40	\$16.40
Grilled Chicken (sundried tomato pesto cream sauce).....	\$16.30	\$20.40
Marinara (seafood with creamy napolitana sauce)	\$16.30	\$20.40
Hot Smoked Salmon (creamy white wine sauce with capers and dill)	\$19.50	\$24.40

MAIN COURSES

Served with baked potato/chips & vegetable/salad	MEMBERS	VISITORS
Seafood Mornay Pie with dill cream sauce and topped with puff pastry	\$23.10	\$28.90
Beef Fillet wrapped with bacon served with Café de Paris butter	\$23.10	\$28.90
Chicken Schnitzel	\$13.10	\$16.40
Chicken Schnitzel Boscaiola / Parmigiana.....	\$16.60	\$20.80
Crumbed Lamb Cutlets.....	\$14.50	\$18.10
Roast of the Day.....	\$12.60	\$15.80
Small Chips (V).....	\$5.00	\$6.30
Large Chips (V)	\$6.70	\$8.60

FROM THE GRILL

All our steaks are MSA graded and served with baked potato/chips & vegetable/salad	MEMBERS	VISITORS
Scotch Fillet - 400g.....	\$26.70	\$33.40
T-Bone - 450g	\$26.70	\$33.40
Scotch Fillet - 280g.....	\$21.00	\$26.30
New York Cut - 280g.....	\$21.00	\$26.30
Mixed Grill.....	\$19.80	\$24.70
Grilled Chicken Breast.....	\$15.80	\$19.80
Add 4 tempura prawns.....	\$5.20	\$6.50
Choice of sauce – Mushroom, Diane, Pepper, or Gravy		
All sauces are Gluten Free		
Extra sauce	\$1.60	\$2.00

SIZZLING

Served with Boiled Rice	MEMBERS	VISITORS
Chicken.....	\$14.20	\$17.70
Beef.....	\$14.20	\$17.70
Combination with Prawns	\$15.50	\$19.40
Prawn or Seafood	\$16.30	\$20.40

SALAD

	MEMBERS	VISITORS
Traditional Caesar Salad	\$11.10	\$13.90
Greek Salad (V).....	\$10.50	\$13.10
Chicken or Ham & Pineapple Salad	\$12.10	\$15.10
Thai Beef Salad with chilli lime dressing.....	\$14.20	\$17.70
King Prawn Salad	\$16.30	\$20.40
Cheese Salad (V).....	\$11.40	\$14.20
Smoked Salmon Salad	\$16.30	\$20.40
Add:		
King prawns/smoked salmon.....	\$5.20	\$6.50
Grilled chicken breast.....	\$3.70	\$4.60
Side Salad (V).....	\$3.70	\$4.60

SEAFOOD

Served with baked potato/chips & vegetable/salad	MEMBERS	VISITORS
Fried or Crumbed Fish Fillets.....	\$12.60	\$15.80
Prawn Cutlets	\$14.20	\$17.70
Crumbed Calamari	\$14.20	\$17.70
Fisherman's Plate.....	\$16.30	\$20.40
Grilled Salmon Fillet with Hollandaise	\$17.80	\$22.30
Grilled Barramundi Fillet	\$15.30	\$19.10
Add creamy garlic shrimp sauce	\$3.70	\$4.60

PALM COURT SPECIALS

	MEMBERS	VISITORS
Pork Belly with Garlic, Basil, Chilli, Asian Greens and Sweet Soy Sauce	\$18.00	\$22.50
Korean Spicy Fried Chicken with Kimchi	\$16.80	\$21.00
Sweet and Sour Pork/Chicken.....	\$13.40	\$16.80
Peking/Salt & Pepper Pork.....	\$13.40	\$16.80
Honey/Lemon Chicken	\$13.40	\$16.80
Chicken Omelette	\$13.60	\$17.00
Combination Omelette.....	\$14.50	\$18.10
King Prawn Omelette	\$15.80	\$19.70
Sweet and Sour Fish.....	\$14.20	\$17.70
Mongolian Lamb (serve on sizzling plate).....	\$18.90	\$23.60
Fillet Steak Chinese Style	\$16.80	\$21.00
Fillet Steak Chinese Style w/Pepper Sauce	\$16.80	\$21.00
Chicken Fillet with Snow Peas	\$15.30	\$19.40
Fish Fillet with Snow Peas.....	\$15.50	\$19.40
Honey or Sweet and Sour Prawn	\$15.80	\$19.70
Salt and Pepper Prawn	\$15.80	\$19.70
Salt and Pepper Squid	\$15.80	\$19.70
Salt and Pepper combination	\$15.80	\$19.70
Vegetarian Omelette (V).....	\$13.10	\$16.40

All the above served with boiled rice	MEMBERS	VISITORS
Beef with Fried Rice Noodle.....	\$13.60	\$17.00
Chicken with Fried Rice Noodle	\$13.60	\$17.00
Combination with Fried Rice Noodle.....	\$15.50	\$19.40
Seafood with Fried Rice Noodle	\$15.80	\$19.70
Vegetable with Fried Rice Noodle (V).....	\$13.10	\$16.40
Singapore Noodles	\$13.60	\$17.00
Special Chow Mein	\$13.60	\$17.00
Beef & Vegetable Chow Mein or Rice Noodle	\$15.00	\$18.70
Chicken & Vegetable Chow Mein or Rice Noodle.....	\$15.00	\$18.70
Beef Black Bean Chow Mien or Rice Noodle.....	\$15.00	\$18.70
King Prawn Chow Mein or Rice Noodle	\$15.80	\$19.70
Seafood Chow Mein or Rice Noodle	\$15.80	\$19.70
Combination Chow Mein with Prawns.....	\$15.50	\$19.40
Vegetarian Chow Mein or Rice Noodle (V).....	\$13.10	\$16.40

CHILDREN'S MENU

	MEMBERS	VISITORS
Steak and Chips.....	\$10.50	\$13.10
Sausage and Chips.....	\$8.40	\$10.50
Fish and Chips	\$8.40	\$10.50
Chicken Nuggets and Chips.....	\$8.40	\$10.50
Calamari and Chips.....	\$8.40	\$10.50
Spaghetti Bolognese.....	\$8.40	\$10.50



ASIAN STIR FRY

Served with Boiled Rice	MEMBERS	VISITORS
Prawn.....	\$15.80	\$19.70
Seafood Combination.....	\$15.80	\$19.70
Chicken/Beef	\$13.40	\$16.80
Combination with Prawn	\$15.00	\$18.70
Mixed Vegetable (V).....	\$12.60	\$15.80

Choose Your Sauce:

Oyster	Asian green, onion and carrot	
Mongolian	Chilli bean sauce with onion and shallot	
Black Bean	Capsicum, carrot and onion	
Sate*	Mildly spiced peanut sauce with onion	
Garlic	Asian green, carrot and onion	
Peking Chilli	Capsicum, onion, carrot and fresh chilli	
Traditional Curry	Pea, carrot and onion	
Thai Green Curry	Coconut milk, carrot, bamboo slices, onion and coriander	
Thai Stir Fry	Capsicum, baby corn, onion with chilli paste, basil and lemon juice	
Extra: Cashew	\$2.10	\$2.60

CREATE YOUR OWN NOODLE

Step 1 Select your base	MEMBERS	VISITORS
Mixed Vegetable (V)	\$12.60	\$15.70
Chicken/Beef	\$13.40	\$16.80
Prawn	\$15.80	\$19.70
Seafood Combination.....	\$15.80	\$19.70
Combination with Prawn	\$15.00	\$18.70

Step 2

Select your noodle

Flat Egg Noodle
Thin Rice Noodle
Rice Vermicelli
Hokkien Noodle

Step 3

Select a Soup or Stir Fry:

Soup:

Tom Yum Soup.....	Thai style hot and sour soup
Clear Soup.....	Chinese style broth topped with shallot and coriander
Laksa	Light coconut milk soup with fish sauce and a touch of chilli jam

Stir Fry Sauce:

Oyster Sauce.....	Stir fry with vegetables and oyster sauce
Pad Thai*.....	Stir fry with egg, shallot, bean sprout, touch of chilli topped with crushed peanuts
Garlic, Pepper & Basil	Stir fry with bean sprout, basil and garlic pepper sauce
Pad See Ew	Sweet soy sauce, oyster sauce and vinegar stir-fry with egg and Chinese broccoli

* Contains peanuts

DESSERT

Dessert of the Day served with your choice of Gelato (1 scoop)	MEMBERS	VISITORS
	\$5.00	\$6.30

Please see the cashier for the current dessert list, including specials.

Gelato

See cashier for today's flavours		
One scoop	\$3.50	\$4.40
Two scoops.....	\$5.50	\$6.90
Three scoops.....	\$6.50	\$8.10

Served in a waffle cone or bowl



Lunch:

12 noon - 2.30pm

Dinner:

Monday to Wednesday & Sundays:
5.30pm - 9pm
Thursday to Saturday: 5pm - 9.30pm

MEMBERS' DISCOUNT

Please present your membership card for your 20% discount.



We adhere to the strictest food safety standards and are fully audited by FOODCHECK® FOOD SAFETY MONITORING PROGRAMME

GOLDEN HAWK CHINESE RESTAURANT

Located on the first floor (access near club reception)

- Seating for 140 guests
- Specialising in Chinese Cuisine
- Western style meal options available
 - Competitive pricing
 - Members' Discount
- An excellent venue for that special family or work occasion

Lunch - Tuesday - Sunday 11-3pm

Dinner - Tuesday - Thursday and Sun 5.30pm-10pm
Friday and Saturday, 5.30pm - 10.30pm

Closed Monday

Last order 15 minutes prior to close

Yum Cha available lunchtimes 11-3pm

Bookings are advisable - Contact 9807 2444



GOLDEN HAWK
Chinese Restaurant

THE HERITAGE FUNCTION CENTRE

Located on the first floor (above this bistro)

The Heritage Function Centre is ideally suited for any type of function you may be planning.

- Corporate Meetings or Seminars
 - Weddings
- Social Functions to celebrate any occasion
 - Catering for up to 300 guests

The **Heritage**
FUNCTION CENTRE

For more details contact our Functions Co-ordinator on 9807 2444 or visit our website www.releagues.com.au.

Inspection of the Golden Hawk Chinese Restaurant and The Heritage Function Centre is invited.



menu